



Understanding My Autism / ADHD

This group is run by two Nessie Autism/LD specialists and aims to support your child/young person to have an opportunity to meet other young people of similar age and experiences. Focusing on celebrating your child's strengths, this group aims to be fun whilst supporting confidence, independence and resilience.

Pre-Diagnosis - All Primary

Wednesday's
30th April - 9th July
[BOOK HERE](#)

Pre-Diagnosis - All Secondary

Thursday's
1st May - 10th July
[BOOK HERE](#)

Primary (Ages 7-9)

Wednesday's
30th April - 9th July
[BOOK HERE](#)

Secondary (Ages 14-16)

Tuesday's
29th April - 8th July
[BOOK HERE](#)

Primary (Ages 9-11)

Tuesday's
29th April - 8th July
[BOOK HERE](#)

Secondary (Ages 12-14)

Monday's
28th April - 14th July
[BOOK HERE](#)

[For more information visit our website here!](#)

