

Level 1 Courses



Introduction to Autism

This online training will take about 30 minutes to complete.

It aims to develop an understanding of:

- Some basic principles of autism
- Challenging some myths and stereotypes
- The strengths and areas differences
- Simple reasonable adjustments and strategies for practitioners to consider.
- To complete please visit:
 - [Autism eLearning form \(hertfordshire.gov.uk\)](https://autism.elearning.hertfordshire.gov.uk)



Level 2 Courses

The training workshops all take place online.
Register by using the links or QR codes provided in this flyer.

Autism & Sensory

Thursday 16th October 2025 09.30 – 11.30

- Understand how sensory integration typically develops and how it may impact on autistic children/young people.
- To understand how sensory differences may impact on autistic children/young people.
- To have a range of strategies and approaches to support those with sensory differences.

To book please visit:

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-sensory-workshop-16th-october-2025>



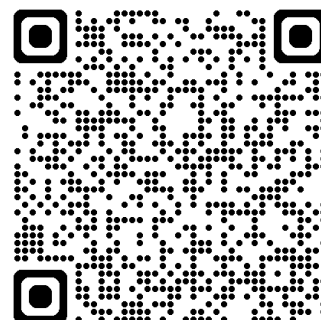
Autism & Anxiety

Thursday 6th November 2025 09.30 – 11.30

- To gain fuller understanding of anxiety.
- To know how anxiety can affect autistic children and young people.
- To provide strategies to support those with anxiety.

To book please visit:

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-anxiety-workshop-6th-november-2025>



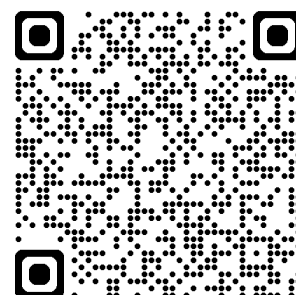
Autism & Pupil Voice

Tuesday 11th November 2025 09:30am – 11:00am

- To understand why it is important to listen to what children and young people have to say.
- To know the importance of gaining 'pupil voice' from autistic children/young people.
- To develop a range of strategies and approaches to support children/young people to communicate and share their views.

To book please visit:

<https://events.hertfordshire.gov.uk/send-academy/hat-pupil-voice-workshop-11th-november-2025>



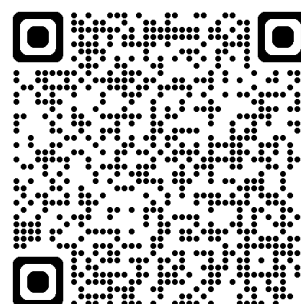
Autism & Brick Skills

Tuesday 25th November 2025 09.30 - 11.00

- To make social groups motivating for pupils with social communication needs.
- To understand why and how to bring structure and visual organisation into social activities.
- To learn how to facilitate a brick skills group.

To book please visit

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-brick-skills-workshop-25th-november-2025>



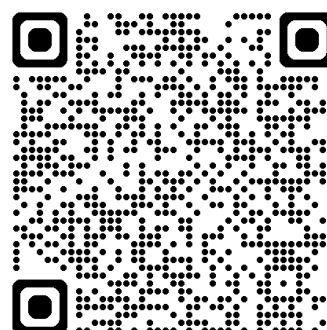
Autism & Girls

Wednesday 10th December 2025 09.30 - 11.30

- To increase understanding of different ways in which autism can presents.
- To develop helpful strategies and approaches to support autistic girls (and others with this profile)

To book please visit:

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-girls-workshop-10th-december-2025>



Level 2: Autism in Schools

Primary and Secondary versions available
Whole setting INSET day or 2 x 2-hour twilight sessions

The aims of the training are:

- To dispel myths and to challenge stereotypes.
- To develop a deeper understanding of Autism
- To better understand the day-to-day experience of those with Autism
- To be equipped with tools to support

To book, please email us at autismtraining@hertfordshire.gov.uk with HAT Level 2 in the subject box.
Include approximate staff numbers; whether twilight or full day; and potential dates for delivery.

BOOK NOW
for
2025 - 2026
INSET Days

Level 3 Courses

The training workshops all take place online.
Register by using the links or QR codes provided in this flyer.

Autism, Puberty & Sexual Vulnerability Wednesday 15th October 2025 09.30 - 11.30

- To know how to support young people to understand how their bodies are changing.
- To know how to support young people to understand sexual relationships.
- To know how to support young people to understand the difference between public and private.
- To know how to support young people to keep themselves safe.



To book please visit

<https://events.hertfordshire.gov.uk/send-academy/hat-puberty-and-sexual-vulnerability-workshop-15th-october-2025>

Autism & Understanding Behaviours

Monday 20th October 2025 09.30am-11.30am

- To understand how autism impacts the way a child/young person processes and responds.
- To better understand behaviour as communication and the purpose of behaviour for the individual child.
- To be equipped with strategies and tools to analyse behaviour in line with the graduated response and work therapeutically to support and manage the need.

To book please visit:

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-understanding-behaviour-workshop-20th-october-2025>



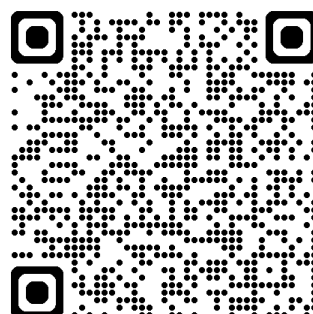
Autism & Demand Avoidance

Wednesday 22nd October 2025 09.30am – 11.30am

- To develop an understanding of demand avoidance.
- To understand and identify anxiety.
- To develop helpful strategies and approaches to support children/young people with demand avoidant responses.

To book please visit:

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-demand-avoidance-workshop-22nd-october-2025>



Social Stories

Wednesday 5th November 2025 09:30am -11:30am

- To recognise why Social Stories are a useful tool to support social understanding.
- To understand what a Social Story is... and what it is not.
- To learn how to write an effective social story.

To book please visit:

<https://events.hertfordshire.gov.uk/send-academy/hat-social-stories-workshop-5th-november>



Autism & EBNA

Tuesday 18th November 2025 09.30am -11.30am

- What is EBNA and why is it difference for autistic children/young people.
- How to identify early signs of EBNA and steps to ensure early intervention.
- How to develop school-wide policy to ensure effective preventive

To book please visit:

<https://events.hertfordshire.gov.uk/send-academy/hat-autism-and-emotion-based-non-attendance-18th-november-2025>



Please Note

Workshops are suitable for practitioners working with children aged 5 and upwards, with the exception of:

- ✓ Demand Avoidance suitable for practitioners working with children aged 7 and upwards.
- ✓ Autism and EBNA suitable for practitioners working with children aged 9 and upwards.
- ✓ Social Stories suitable to practitioners working with children aged 7 and upwards.
- ✓ Autism Puberty & Sexual Vulnerability suitable for practitioners working with children aged 9 and upwards.

AutismTraining@hertfordshire.gov.uk