

Parenting when separated for parents of SEN children - online programme

Come along to our six-session programme, specifically tailored to help separated parents navigate the complexities of co-parenting and provide the best possible support for their SEND child. This is a valuable opportunity to enhance co-parenting skills, support children's development and build a strong foundation for the future.

The programme includes:

- Understanding SEN and its impact on children and family dynamics
- Effective communication skills
- Managing emotions and stress
- Collaborative problem solving
- Building a supportive network
- Creating a unified parenting approach

Dates and times

Date: Wednesday 22nd and 29th April, 6th, 13th and 20th May and 3rd June 2026
Time: 9.30am to 11.30am

Date: Thursday 23rd and 30th April, 7th, 14th, 21st May and 4th June 2026
Time: 7.00pm to 9.00pm

This will be delivered online via MS TEAMS

SCAN ME



For more information or to make a referral, scan the QR code, email services@coramfamilylives.org.uk or call **0204 522 8700** or **0204 522 8699**

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