THE BRIDGE



The Bridge is a support group designed for parents, carers and young people in school years 6,7 and 8 who are struggling with school attendance. This includes those who are not attending school at all or on a significantly reduced timetable.

Purpose of The Bridge?

The group aims to provide a safe and supportive environment where families can:

- Share experiences
- Receive emotional and practical support
- Build confidence and resilience

Topics Covered:

- Anxiety and worries related to school.
- Friendships and social dynamics
- Health and wellbeing
- Neurodiversity
- The Future

WHO

Who is running the group?

Sessions are facilitated by Michelle C, Suzanne and Michelle J from the Intensive Family Support Team, working with a range of specialist professionals who offer tailored insights and support.

Session Details

Sessions will run for 12 weeks starting on Tuesday 17th November 2026- 9th March 2027 (Not including School Holidays)

Time: 12:30pm – 2:30 pm Where: Stevenage Old Town Library, 1st Floor, 38 High Street, SG1 3EF

WHERE

Questions? Please contact Michelle C, Suzanne or Michelle J on:

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