## THE WELL BEING JUNCTION

"Investing in little minds of the future" CIC

At **The Wellbeing Junction** we are passionate about promoting and nurturing Emotional,
Physical and Mental Wellbeing.

We endeavour to do this by providing a range of support to equip Children, Teenagers & Parents with self-care tools and skills to thrive in today's fast paced world.

For more information on what we do please visit our social media pages or call 07561 724621 or email thewellbeingjunction@gmail.com





The Wellbeing Junction is a Registered Community Interest Company. No. 15143300

## WELLBEING

MINDFULNESS

WORKSHOPS

SOCIALSKILLS

ARTS&CRAFTS

COFFEEMORNINGS