

# TALKING ADDITIONAL NEEDS



**Thursdays 9.45-11.15am Online Course: ID 651**  
**18th April - 23rd May 2024**

**Tuesdays 8.00-9.30pm Online Course: ID 652**  
**4th June - 9th July 2024**

**A 6-week group for parents and carers of children with any additional need from 2-25. Your child does not need a diagnosis to join.**

- **Understand your child's behaviour.**
- **Develop strategies that really work.**
- **Reduce conflict and improve emotional regulation**
- **Explore sensory needs.**
- **Increase your child's resilience.**
- **Manage the different needs within your family.**

**Our online support sessions are delivered weekly via Zoom.**

**Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.**

**'I have been on a few courses to help me with my child but this was by far the most helpful'**

**Booking essential**  
**Please quote the course ID**  
**To check eligibility and book a place, contact Supporting Links on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**