



Reason for Solution Circle (brief summary of case)

Setting: Secondary **Year group:** 10

Main area of need: At risk of Permanent exclusion, poor mental health, SEMH needs

Family background/School history:
 She had a successful transition into year 7. No concerns until year 9. Complex family dynamic and she doesn't socialize outside of school. Low mood generally. In school she lacks engagement in lessons, truants, can be verbally abusive to staff and has bullied peers. She often walks around the building or hides instead of using agreed time out spaces. She has received a number of suspensions for persistent disruptive behavior, verbal abuse and threatening behaviour.
 Current attendance is low.

Actions and next steps agreed

Support already in place:

- PSP
- Mentoring
- ESC Outreach
- Counselling offered but young person did not want to engage
- She attends one day each week at the ESC successfully
- CAMHS
- Access to time out space in school.

Possible next steps:

- Anxiety mapping to identify successful times in the day. (To proactively plan time out rather than using it when things are heightened.)
- Personalised timetable to increase exposure to successful experiences in her day.
- Possibly explore college options around her interest in catering to support her motivation and engagement.
- Build on positive relationship with OR worker to help her to build relationships with other teachers.
- Explore the possibility of NESSie My World and Me online course to support understanding herself and making links with other young people.
- Consider the possibility of extended work experience to add to her personalised timetable.

